

Basic Human Aspirations (L-3) [Continuous Happiness & Prosperity]

★ Desire:

- Verify whether you want to be happy or unhappy.
- Verify whether you want to be prosperous or deprived.
- See whether you want to be prosperous
- See whether the basic aspiration is that desire is happiness and/or prosperity.
- Prosperous means "successful / financially good" and deprived means "to stay away from something / to remove from something."

★ We can understand Happiness as:

"to be in state of liking is happiness" and "the situation in which I live, if there is harmony in it, then I like to be in that state or situation."

Verify whether you want continuity of happiness and prosperity or discontinuity of happiness and prosperity.

★ Unhappiness:

"to be in state of disliking is unhappiness" and "the situation in which I live, if there is conflict in it, then I do not like to be in that state or situation."

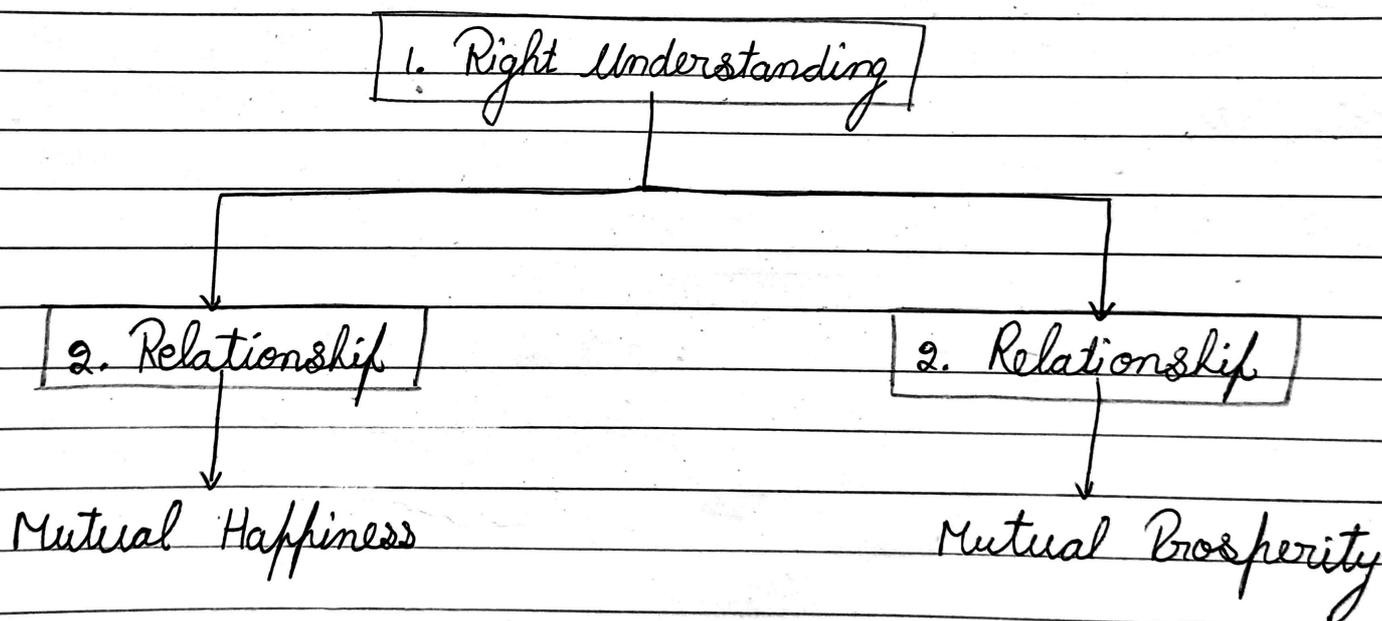
★ Prosperity:

Prosperity is the feeling of having or making more than required physical facilities.
For prosperity two things are required -

- Identification of the quantity required for physical needs.
- Ensuring availability / production.

★ Basic requirement for fulfillment of human aspirations

It is needed in myself, I need to study myself, the human being, & the entire existence of which I am a part.



We are in relationship with people, other human being

The things we use, come from what we call as nature.

★ We find most of the people in the these categories :

- SVDD - Sadhan Viheen Dukhi Daridra
- SSDD - Sadhan Sampan Dakhi Daridra
- SSSS - Sadhan Sampan Sukhi Samridha

Before we explain these we should have a clear understanding of 'Desires'. Desires are of:

1. Materialistic : Food, shelter, clothes and physical facilities which are quantifiable.
2. Non-materialistic : It is qualitative in nature like respect, trust, happiness, recognition, peace, etc.

★ Where do we stand today :

- At the level of Individual : rising problems of depression, psychological disorder, suicides, stress, insecurity, health problem.
- At the level of Family : Breaking of joint family, mistrust and insecurity in relationship, divorce, legal suits.
- At the level of Society : Terrorism, casteism, wars b/w nations, fear of nuclear and genetic warfare.

- At the level of nature: global warming, water, soil, air, noise pollution, resource depletion of minerals and oil, loss of fertility of soil.

★ Contd....

To live with continuous happiness and prosperity, the program is "to understand & to live in harmony at all levels of our living / existence."

There are four levels of our living

1. Self
2. Family
3. Society
4. Nature

Continuous happiness is being in harmony within one self, being in harmony with others and being harmony with nature.